

The Solo Physician's AI Playbook — Sample

Use AI for the admin work that eats your evenings — safely. Copy-ready prompts, and one clear rule about patient data.

THE ONE RULE

Never paste patient-identifying information into a consumer AI tool (ChatGPT, Claude, Gemini, etc.). That includes names, dates of birth, MRNs, addresses, phone numbers, photos, or any detail that could identify a specific person — even in a screenshot. Consumer tools are not covered by a Business Associate Agreement, so putting PHI into them can be a HIPAA breach. Everything in this playbook is built to work from DE-IDENTIFIED information: conditions, instructions, and general facts — never the patient's identity.

This free sample includes the data-safety rule and three of the playbook's prompts. The full playbook adds a de-identification checklist, a plain-English note on BAAs, and the complete prompt library — patient handouts, referral letters, work/school notes, portal replies, office policies, job posts, review responses, and marketing.

Three sample prompts

Explain a condition in plain language

You are helping a primary-care clinician write a patient handout. Explain [CONDITION] to a patient at a 6th-grade reading level. Cover: what it is, why it matters, what we'll do about it, and when to call the office. Warm, calm, no jargon. ~250 words. Do not give individualized medical advice — this is general education the clinician will review.

Change: the condition; add the reading level or language if you need it translated.

Referral letter from bullet points

Draft a professional referral letter to a [SPECIALTY] from a primary-care clinician, based on these de-identified points. Keep it concise and clinical; leave [brackets] where I must add identifiers after review.

Reason for referral: [__]

Relevant history (de-identified): [__]

What I'm asking the specialist to do: [__]

Change: the three fields. Never paste the patient's name/DOB into the tool — add those to the draft yourself.

Respond to an online review

Help me respond to this [positive/negative] online review as a medical practice, WITHOUT confirming the person was ever a patient and WITHOUT any health details (HIPAA). Keep it brief, professional, and gracious; for a complaint, invite them to contact the office directly.

Review: [PASTE REVIEW TEXT]

Change: the review. Never confirm someone is a patient or mention any clinical detail.

Get the full playbook — the complete safe-AI framework + prompt library, instant download, \$29 at swiftclinicalsolutions.com/resources.

Education only — not legal, compliance, or HIPAA advice. Never enter patient-identifying data into a consumer AI tool.

